

Healthy employees make productive employees

Enlist LifeHealth services and profit from a genuine commitment to your company's good health and an uncompromising focus on your bottom line. Our business training and medical credentials create a winning combination of expertise to help you make sound healthcare decisions that enhance productivity.

LifeHealth™
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Good
health is
good
business



You understand the risk factors and opportunities

You don't have time to assess your employees' health; we do it for you. We conveniently identify aggregate health risks among your staff members and give you the tools to improve their health. We explain why it's important to conduct screenings and to understand risk factors that affect daily operations.

"Working with LifeHealth was surprisingly easy. They accommodated our 24-hour schedule and made health education understandable for our employees."

—Mario Ambroselli, EchoStar

You show up —it's that easy

LifeHealth provides individual and composite screenings to identify indicators leading to heart disease, diabetes and other general health issues. Our results are immediate and confidential. With our data, we create a customized action plan based on a risk assessment and then follow up with relevant educational programs.

"LifeHealth has proven to be a great partner for our Centura Partners in Health employer wellness program. They are wonderful to work with. Always on time, on task, prepared, professional, knowledgeable, flexible, coming up with creative solutions ... obviously I can't say enough. You can count on them to deliver."

—Jennifer Dailey, Centura Health

You get flexible event management

No matter who's already involved, LifeHealth has the flexibility and know-how to collaborate with other healthcare organizations and on-site event managers. Our breadth of services enables us to complement your company's pre-existing programs. Ultimately, what you experience is a seamless event.



Serving you

At LifeHealth, we're dedicated to helping companies diminish healthcare costs. We know a health-risk composite is a must-have for cost management. And for employees, having a fitness snapshot is a value-added benefit. It's a win-win for everyone.

We make house calls

LifeHealth meets your needs with customized events on site. We can partner with pre-existing health fairs or execute a signature event for your staff. Either way, LifeHealth adapts our full portfolio of screening options to match your company profile.

For every screening, we provide education and a course of action:

- bone density
- cholesterol
- glucose
- lung functions
- skin condition
- blood pressure
- body composition
- thyroid
- PSA
- flu shots

Any screening combination is offered within the following contexts:

- health fair
- events, large or small
- corporate wellness
- health club
- recreation center
- medically based programs for chronic conditions



The philosophy

It has never been more important to have good health. Our lives are in fast-forward motion, and the workplace is no exception. At LifeHealth, we believe companies can find

“Working with LifeHealth was enjoyable and seamless —start to finish. The health screenings and the follow-up educational program were specifically geared toward our employees’ needs. We care about each other’s good health, and we thank LifeHealth for bringing us together in that cause.”

—Georgia Manning,
Clayton Fixed Income Services



harmony between a healthy environment and the bottom line.

That's why we're in the business of providing informative, engaging and actionable advice for improving one's physical well-being. In doing so, we make it easy for employers to diagnose their company's collective health and chart a course of action. In the end, everyone's good health means good business.

Your team

Information is the first step in taking control of your health. LifeHealth cofounders Margot Langstaff and

Elisa Hamill built a philosophy and a valuable service based on this premise.

Langstaff and Hamill have the unique competitive advantage of extensive business experience as well as formal medical training. Together, they combine executive and entrepreneurial success with nationally recognized clinical experience to create an unprecedented service.

With a passion for good health and the desire to share it, Langstaff and Hamill seek out companies and organizations that share the notion that good health and good business are not mutually exclusive.

"I had the best experience working with LifeHealth. They were very professional and fun to work with. I hope we can work together again soon.

LifeHealth is a company that is on the cutting edge, and I would recommend them to anyone who is in need of assistance for testing in a professional yet fun way for a health fair."

—Sheri Swanson, CBIZ, Inc.

LifeHealth™